

Ramadan

*Ramadan is the 9th month in the Muslim calendar.
It is a holy month when Muslims fast.*



- 1 Sit down with the children and show them the series of pictures overleaf. You may wish to lay the sheets out either on a table or the floor, and then read the story.
- 2 Ask the children the following questions and discuss them:-
Can you name English months of the year?
What is your favourite food?
- 3 Ask the children to describe how they feel when they are hungry.
- 4 Ask the children to draw a picture of a bare table and then a table with some food. You will find a drawing template sheet on iChild.

Muslim Months

1	MUHARRAM	7	RAJAB
2	SAFAR	8	SHABAN
3	RABI-AL-AWWAL	9	RAMADAN
4	RABI-AL-THANI	10	SHAWWAL
5	JUMADA-AL-AWWAL	11	ZUL-QAADAH
6	JUMADA-AL-THANI	12	ZUL-HIJJAH

*The Muslim calendar is updated every month
by the sighting of the new moon.*

Ramadan



Ramadan is the name of the month, and it is the time for Fasting (fasting is also known as SAWM). Then once daylight is over, Muslims usually break the fasting with dates or water.



Muslims fast from Sunrise to Sunset, then break the fast with a family meal.



During the month, the Holy Qur'an is read. The Holy Qur'an is their holy book believed to be the special words of ALLAH (God), spoken to the Prophet Mohammad through the angel Jibrial.